

Katy News

Moxie moms participate in StrollerFit at Katy Mills Mall. From left are Heather Bauerschlag with her son, Deacon, 15 months, and Kathy Ricke with her son, Bryant, 1 and daughter, Madison, 5.
SUZANNE REHAK: FOR THE CHRONICLE



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Educational, social outings planned for moms

Katy group provides variety to its members

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When Heather Bauerschlag moved to Katy in August, it didn't take her long to make new friends.

Earlier that month, Kathy Ricke opened a Katy-based chapter of Moxie Moms, a national group that provides mothering advice and organizes events for children and parents.

"As far as being new to the Katy area, it's been great since it covers so many aspects of that both myself and my 1-year-old son can get involved in," said Bauerschlag, who moved from The Woodlands to Grand Lakes with her son, Beacon. "We do physical activities, with walks with the strollers, things at the park where we're singing and reading stories and that's more educational. It's not just one thing over and over again."

Ricke says her organization has about 50 active members that get together for everything from social outings to educational sessions. Moxie Moms also utilizes partnerships with a number of area businesses to give the group's members discounts at places like ice cream parlors and toy stores.

Thirty-five area businesses have signed on with Moxie Moms, which has one family event at Katy Mills Mall once a month and several others throughout the community, Ricke said.

Ricke said part of the reason she started a chapter in Katy was because she knows firsthand how difficult it is to network with other mothers. She has moved five times in 11 years because her husband, Michael, works in the petroleum industry.

"Motherhood is challenging, and it's a lot more fun when we have a community of support, and that's what Moxie Moms provides," said Ricke, who lives in Grand Lakes and has two children, Madison, 5, and Bryant, almost 2.


The group is flexible, with members free to attend as many or as few events as they want. Ricke said outings range from stroller-fit walks in the park to adopting a family for Christmas.

"It's a wide variety of events planned in a wide variety of environments, and we're trying to be a well-rounded network of moms," she said. "We just want to show the community that we want to give back as well."

For information, including contacts and a list of upcoming events, can be found at www.moxiemoms.com/txkaty.



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